We

326 do not know how to do it.

178 Formerly there was no gold or silver work here. Today there is some. However, it was in Todo-Pongkor for a long time. Only a few people have learned this trade recently. The [656] Dutch forbade any metal work in any kampongs because it resulted in metal theft (what fools!).

262 There have been very few changes if any in the local diet. There is a little flour, tinned milk, etc. today. However, these things exist in very small amounts. The local people eat almost entirely their own food. The staple foods here are corn and rice, of about equal importance. In most of Manggarai, corn is more important (remember that the pastor said there was more rice now, but as a result of the wet irrigated rice fields there are more mosquitoes and more malaria). Meals are [264] served three times a day. The people eat vegetables but almost no fruit. Meat is generally reserved for feasts, and this applies even for fowl. They may cut a fowl if there is a guest, but pigs and the like are reserved for feasts. There is no longer much hunting [224] at all. There is some bird snaring. A lot of [223] dry fish from the coast is eaten. This they have to buy. There are almost no river fish. The use of milk is new. Cheese and butter are said to make people sick. However, they eat all kinds of animals if they can get them, including cats, pythons, dogs, horses, etc.

The situation regarding food is much better today than it was. There are now many gardens, whereas formerly there were few. Today they [438] must buy salt, tobacco, fish, betel ingredi- [435] ents, and in particular, cloth. (This is dear; an ordinary sarong costs fl. 60.00 now.)

241 Irrigated rice fields and terracing tech- 178 niques came in only twenty years ago. Farming tools have been introduced. The buffalo and